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# NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 4 NO. 6

NEWARK, NEW JERSEY

August, 1986

## Credit Union Nears \$600,000 Within Fourteen Short Months

### Engineers Local 68 Sets Great Example

Thanks to a precedent setting \$100,000 non-member deposit check from the International Union of Operating Engineers Local 68, the New Community Federal Credit

Union (NCFCU) is well over the half million dollar mark and close to reaching \$600,000 after just a short fourteen (14) months of operation.

The NCFCU has been undertaking



Mr. Thomas P. Giblin (second from left), Administrative Manager of the International Union of Operating Engineers Local 68, gives NCFCU's capitalization program a tremendous boost with an investment of \$100,000 from the union's pension fund, and hopes others will do the same. Looking on are (L-R) Roberta Singletary, Patrick Richards receiving check, and Ralph Simpson.

a non-member capitalization program to assist in increasing its assets. Through the increase NCFCU will be able to fulfill its primary goals which are first, to provide its members with a full range of competent financial services, and secondly, to provide the financial basis for neighborhood economic development.

The commitment from Thomas P. Giblin, an Essex County Freeholder and the Administrative Manager for the International Union of Operating Engineers Local 68, came because he "admired all of the contributions New Community has made to the residents of Newark's Central Ward." According to Giblin he "had been involved in a number of activities over the years, and of all the programs doing good things for the community, New Community stands out to a great degree among other organizations. During their fifteen (15) plus years they have put into action programs people are still talking about," he went on. He felt NCC had played "an integral part" in the plan of the city.

Using pension funds from Local 68 for the capitalization program fulfills the whole idea of investing these monies for the good of the people who will receive them, according to Giblin. "Lots of times they are put to uses which defeat these same people,

instead of helping them, when the money is sent out of state or even out of the country," he emphasized.

Giblin feels "It's the right approach for organized labor and Local 68 in particular. We are trying to be good neighbors. It's time for more of them (labor unions) to 'put their money where their mouth is,' " he concluded.

NCFCU's capitalization program provided a "natural vehicle" for Mr. Giblin and his local members "to assist in NCFCU's efforts to create jobs through economic development."

Through the program new business starts will be financed, which will in turn create badly needed jobs for area residents. This is a much sought for goal of NCFCU, in its efforts to play a major role in restoring the long range vitality of our neighborhood.

The almost \$600,000 in assets allows NCFCU to fulfill its goal also of pooling neighborhood resources to help the members of our community. Presently NCFCU has been able to grant over \$200,000 in loans and has paid its first dividend of 5½%.

NCFCU will continue to thrive as long as it receives the interest and support of its members and concerned individuals, groups and businesses outside our community such as Engineer's Local 68.

Let's have more members for our program next month!

More NCFCU news on page 3

## New Employees Bring Much Talent

Walking into the finance department at New Community these days you will find a serious face topped with red hair delving into the records of New Community and asking pertinent questions.

She is **Sister Rita Calabrese O.P.**, the new treasurer of New Community Corporation.

Sister is no stranger to business and finance having received her B.S. in Business Administration from Caldwell College and her M.B.A. from the University of Notre Dame. She was the Assistant Superintendent for Secondary Schools Finance for the Archdiocese of Newark for the last five years, serving as liaison between the finance office and the twelve regional high schools. Previously she was also business officer at Caldwell College, responsible for all financial affairs.

Her experience includes auditing and preparation of financial statements, monitoring budgets and com-

puterized accounting. She has also been an instructor of Accounting.

When asked the question "What is a sister doing in this field?" Sister Rita explained that her "community considers this a ministry. It appreciates and is awed by the work of NCC and pleased that I should work for them."

Sister became involved in finance out of her community's need and feels her work here is also a vehicle for good. It is a regular assignment for her, and her position here has the approval of her superiors and is published on the personnel lists of her community.

"Some individual members of my community are very excited about my working here," she told us. It is her first step outside of a school setting. We're happy she is now part of the NCC community.

Our new controller, Ms. Amy T. Tafil began her life in China and  
continued on page 5

## Summertime Fun!



Getting a kick out of summer, Katherine Smith cavorts in the JFK Center's wading pool. (More Summer Camp Photos Inside)



## Behind The Shelter Door

Weekly Parents' Anonymous meetings are being held at the Essex County Family Violence Project sponsored by Babyland. The meetings consist of the shelter's clients coming together as mothers sharing intense feelings about themselves, their parenting and how they have been parented, in a non-judgemental accepting environment. The P.A. meeting at the shelter is different than other P.A. meetings in that the pain of domestic violence is common to all group members and their children.

Parenting is one of life's most demanding jobs, for which little training is provided. Our biggest frame of reference is our parents and how we are parented as children. Is this enough to deal with the demands of childrearing, especially where violence in the home was a common occurrence? Since domestic violence is intergenerational, the odds of battered women growing up in a violent home are very high. The odds of their children growing up either being battered or being the batterer are a strong probability. So the shelter's clients even have an added demand on them as parents. This added demand plus the stress and fear of living with an abusive mate, and now residing in a temporary shelter is an incredible pressure for the shelter's

mothers to bear. It is not the purpose of this article to suggest that battered women abuse their children. Some do and many do not, but what needs to be looked at, is the fact that the potential for child abuse is much higher for the shelter's clients. The P.A. meeting at the shelter provides a caring and supportive environment where the mothers can look at their parenting patterns and hopefully begin to develop more constructive ways of raising their children.

Parents' Anonymous is a self-help group which purports that all six forms of child abuse are equally dangerous. These are physical abuse, physical neglect, verbal abuse, emotional abuse, emotional neglect, and sexual abuse. P.A. was started in 1970 by an abusive parent named Jolly K. who abused one of her children. Jolly K had gone to 10 agencies but for various reasons still had an abusive problem. P.A. is now an international organization with close to 1,000 chapters in the U.S. Each chapter has a professional who sponsors the group. There are P.A. meetings at various locations in Newark. P.A. meetings are free and open to anyone concerned about his/her approach to parenting. To contact Parents' Anonymous call 1-800-352-4720 (toll free).

## We Celebrate Our History: New Community A First



The first of NCC's workshop sessions gets underway with a large attendance.

New Community was a first and remains the first and only one of its kind in the USA. We need to celebrate our history, appreciate our philosophy, and resolve to continue the great work that New Community began in 1967.

To do this, NCC is sponsoring a series of workshops for its Board Members and employees. The workshops will focus on 1) the history

of NCC and the reasons for its continued existence; 2) the strengths of NCC and ways in which to build on them.

All of those associated with New Community are encouraged to attend the workshop to which they are invited. Workshop dates are July 24, 1986, August 21, 1986 and September 25, 1986.

## Puerto Rican Day Parade



The City of Newark hosted the 24th annual statewide Puerto Rican Day Parade on Sunday, July 27th.

Since Puerto Ricans are a significant cultural group among the many Hispanic communities who live in the St. Rose Community, St. Rose of Lima joined over a hundred other Churches, organizations and agencies in presenting floats to salute the Puerto Rican community and New Jersey's pride in the cultural contribution Puerto Ricans continue to bring to the American Dream.

### THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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## The Night Is Far Spent

To prepare is to make beforehand something ready for use, service, activity, occasion, or purpose — to plan in advance — to work out the details — to make a detailed formulation of a program. It is helpful to one to make preparations for the day ahead, a journey to be taken, a goal sought, a career desired, or a project to be undertaken. Planning ahead helps to reasonably assure accomplishment. Good planning takes into consideration the prospect of having to make adjustments — even scrapping original plans to make new and better ones. The road ahead that we see depends partly, to some degree, on our vantage point at a certain time of assessment. As our circumstances, experiences, maturity, and priorities change so do our new vantage points and consequent plans.

There is a parable about ten virgins who took their oil lamps and went out to meet the bridegroom: five of them were wise, and five of them were foolish. Those who were foolish took no oil for their lamps, so when the bridegroom eventually came the lamps of the foolish were going out, while the lamps of the wise virgins burned brightly. While the foolish virgins went to buy oil for their lamps, the virgins who were ready went in with the bridegroom to the wedding, and the door was shut. The wise virgins had prepared.

Hundreds of inventors had labored and thousands of dollars had been spent in an effort to make a complete shoe by machinery but to no avail. Guide shoe making machines had been developed but the final problem of shaping the upper leather over the 'last' and attaching this leather to the bottom of the shoe stymied those who tried. It was said that it was impossible to 'last' shoes by machines. A young black man, of a Dutch father

and Surinamese mother heard of the problem, studied and in secret experimented, first with a crude wooden machine, then with a model made out of scrap iron. For ten years he worked steadily and patiently, with no encouragement, and finally perfected his machine to solve the impossible problem, laying the foundation of the shoe industry in the United States, and making Lynn, Massachusetts the shoe capital of the world. Jan Ernst Matzeliger had prepared.

We are living in a technological world today where education, training and skills are not only demanded but are prerequisite for employment in today's job market; thus adequate preparation must be made in order to enter and become a participant. Today's youth must be prepared to spend longer years in school and be willing to serve a period of satisfactory apprenticeship. Some jobs require special education or training, so one must ferret out places where appropriate instruction is offered. There are talented youth who may lack the necessary money for this specific education or training so they might be temporarily impeded in their quest. All avenues for seeking scholarships, financial aid, and student loans must be explored, along with work study programs offered by some schools. At times one might feel like he is walking amidst the darkness in a tunnel of despair void of light of opportunity, but one must not lose hope. It may take a longer time and a harder struggle for some than for others. There are those who were born with a silver spoon, and there are others born with no spoon at all. From the latter group has emerged some of the greatest people the world has known.

There is another preparation mankind might do as well to be concerned with and that is preparation

for the kingdom of God. Unless one is born of water and the Spirit, he cannot enter the kingdom of God. (John 3:5). It is not wise to abort or put off this birth,...for we know neither the day nor the house in which God cometh". There is a parable of the Rich Fool who laid up much treasure for himself but neglected God, and "God said to him, you fool! This night your soul will be required of you." He was rich in material things but was not rich toward God. He had spent his life in preparation for the accumulation of material wealth and neglected preparation for God and the kingdom of God. When one prepares for the kingdom he must first willingly believe in the Lord Jesus Christ as his savior — commit his life to Christ, to his salvation and to his control—his commitment must be an ongoing relationship. This onward journey is a lifelong pilgrimage of altruism and spiritual growth, and one must prepare now, for, "the night is far spent, the day is at hand. Therefore cast off the works of darkness, and let us put on the armor of light." (Romans 13:12).

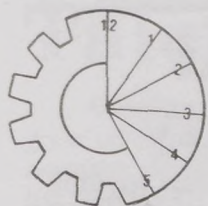
Lewis Graves

### Clarion List To Be Updated

THE CLARION is trying to update its mailing list. If your address is incorrect or if you are receiving three (3) copies or the name of the person receiving a copy should be changed, or if you no longer wish to receive THE CLARION — please let us know (or if there is anything else that should be corrected).

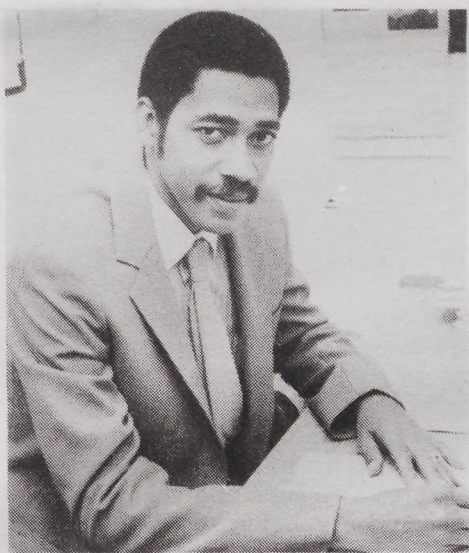
Our address is THE CLARION, 233 West Market Street, Newark, New Jersey 07103.





## NCC Employment Center New Youth Counselor

"Great!" Mike Jackson responds when asked how he likes his work at New Community Employment Center after three weeks on the job. "I like what I'm doing. I like finding jobs for young people and helping them advance in their careers." Mike was receiving well deserved acclaim from the rest of the staff. The day before, he had helped five young people to find employment. This was



**Mike Jackson**

thought to be an office record for placements in one day by one counselor.

Mike Jackson is the new Youth Employment Counselor at NCC Employment Center. He provides the center's services to young women and men aged 16 to 21 who are seeking either full-time or part-time jobs. The focus at NCC Employment Center is on obtaining employer interviews for permanent jobs, but Mike also conducts job-readiness training sessions and provides whatever one-to-one coaching is required to insure that the young employment candidate he sends makes the best presentation possible of their training, experience, and potential. The training session also provides job finding hints that will benefit the young person throughout their working life. Mike replaces Pat S-Deluca who pioneered the position. She left NCC Employment Center recently to become a full-time mother, and her child, Christopher, is already more than a month old.

Mike knows Newark. He was born

and brought up here, and attended Weequahic High School and Essex County College. He obtained his BA in Urban Studies from Ramapo College in 1977 and it was there that he met his wife Beverly who is a Division of Youth and Family Services Social Worker specializing in family child abuse cases.

Mike Jackson's quick progress at NCC Employment Center results in part from his experience. Not only has he himself found a variety of part time and full time jobs both while in school and since, but, more specifically, he has had excellent experience as a youth counselor for Catholic Community Services in Perth Amboy and as an employment counselor for the New Jersey Department of Labor in Newark. Mike says that there are two important differences between NCC Employment Center and the State: At the Center we get to know the employers and they know us, and at the Center we work at a little faster pace. At the State, the goal was six placements per month. At that rate, Mike has already placed several months worth in a few short weeks. Mike has quickly learned our process and has already contributed a lot. A trim 6'2" tall, he is soft spoken but he knows what he is talking about especially on the subject of Newark and employment. He is very concerned about unemployed youth. He gets an early start at the office each day commuting on the New Jersey Transit train from Cliffwood where he resides with his family of four.

### **Employment Center Purpose**

NCC Employment Center concentrates all of its energy toward helping people who want to work find employment, and helping employers with specific job openings to find good prospective employees to interview. There are no fees. If you have a job opening or a job lead, just phone us five days a week at 643-3828.

The Center can always handle more employment openings and has excellent job candidates for employers to consider. Ages range from 16 to 60 and their backgrounds from unskilled to college graduate. Job seekers should also phone 643-3828. Just ask for an appointment.

## **AVAILABLE LOANS! LOANS! LOANS!**

### **Vacation Coming?**

### **New Wardrobe Needed?**

### **Consolidate Bills?**

Personal opportunity loans available for eligible members of

### **NEW COMMUNITY FEDERAL CREDIT UNION**

Borrow from \$200 to \$5,000 for up to two years

### **New Car Catch Your Eye???**

Don't let dealers limited options and gimmicks lead you astray. NCFCU has good solid financing for the **NEW CAR OF YOUR CHOICE**. Qualified members can get up to 80% financing for 3-4 year terms at 10.5 percent.

Contact the Manager for information about our pre-approval policy

Call **623-2800** Today!

## National Meeting At St. Joseph

On June 30th, 1986, the National Federation of Community Development Credit Unions' (NFCDCU) task force on business lending met at St. Joseph's Plaza. The meeting was convened with NFCDCU members from across the country to develop a strategy to combat the National Credit Union Administration's increasing pressure to limit Credit Unions' involvement in the practice of community development business lending. The National Credit Union Administration believes that business lending detracts from a credit union's primary goal of providing consumer credit, and that such loans should be left to the traditional banking institutions.

The National Federation of Community Development Credit Unions is challenging this position by emphasizing the unique contributions community development credit unions provide by partaking in com-

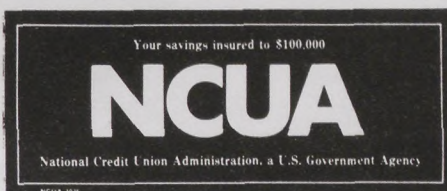


**Ward Smith (R) presents a pleased Patrick Richards with a \$5,000 non-member deposit check.**

neighborhoods. Subsequently, any regulation restricting the allowance of neighborhood development would severely hinder their ability to rehabilitate their respective neighborhoods.

The meeting was significant in that it brought together credit union officials from across the country, in a show of solidarity to protect their only vehicle for economic development.

At the conclusion of the meeting, the task force had fully reinforced its commitment to do whatever is necessary to insure that community development credit unions are allowed to participate in economic development lending. To assist NCFCU in its capitalization, NFCDCU President, Ward Smith, presented NCFCU manager and NFCDCU board member, Patrick Richards with a \$5,000.00 non-member deposit.



munity development business lending. This is particularly evident in the face of urban redlining by traditional institutions. Community development credit unions have nationally provided millions of dollars in business loans, that have translated into job creation for countless numbers of low to moderate income individuals, and millions of dollars in state and federal taxes.

The majority of credit unions which were in attendance are socially committed to community development business lending as a means of stimulating economic activity in their

## Anti-Crime Corner

### **New Community Health Care Center And The Future Nurses Program Declare August 25th To August 29th Keep Well Week**

New Community Health Care Center located at St. Joseph Plaza will be hosting a **Keep Well Week**. This service is being provided to serve a two-fold purpose. The primary focus will be in the New Community Family buildings where we will attempt to raise the level of consciousness among residents with children to the need of preventive health care. The

Future Nurses will go door to door to register prospective patients and make appointments for the **Keep Well Week**. The Future Nurses will be given seminars on public health and the role of the Visiting Nurse in the community which they will be emulating. We hope this will be a week of exchange and sharing of knowledge and resources for both residents and participants.

Please give them your courtesy and support when they come to visit; they will need your help. Listed are the days of each service that will be available.

|                              |            |
|------------------------------|------------|
| Mon., Foot Doctor            | 9:00-12:00 |
| Tues., Medical Doctor        | 9:00-12:00 |
| Tues., Eye Doctor            | 3:30-5:00  |
| Wed., Medical Doctor:        |            |
| every other week             | 1:00-4:00  |
| Thurs., Pediatrician         |            |
| Thurs., Family Visit         | 4:00-7:30  |
| Fri., Medical                | 9:00-12:00 |
| Sat. 2nd & 4th Foot Doctor & |            |
| Pediatrician                 | 9:00-12:00 |
| See you at Keep Well Week.   |            |



**Georgia Ransome**



## Young Summer Workers Learn At Extended Care

True to the spirit of New Community, on Monday July 7, 1986, New Community Extended Care opened its door to young people, through the Summer Youth Employment and Training Program of the City of Newark. Orientation and a tour of the building was the first step. Shy but excited young people were eager to start on their assignments. As training is very important, each supervisor provided direction and encouragement on a daily basis. Idris Scott, Terrance Wilson and Sanford Rhodes are doing a great job cleaning windows and keeping the grounds nice and clean. Yvette Williams and Lenore Allen are learning all that is involved in providing clean linen and

have the opportunity to work in two departments before the end of the summer.

We are very proud to have such fine young Newark residents associated with New Community and congratulate their parents, guardians and teachers for directing them to the program. They are our future and the time we spend now develops the potential of a greater city and nation.



(Top) Amanda Wilson works on charts. (Right) Terrence Wilson (R) and Sanford Rhodes (L) keep the stairs sparkling clean. (Below) Shanti Simpson provides patients with refreshing ice water.



clothing for 180 people!

Irma Montanez is increasing her clerical and typing skills as she prepares to study computer science in the future. The full range of services provided in the Medical Day Care Center is being explored by Amanda Wilson. As activities are so very important to our residents, Samuel Sykes is doing what amounts to an internship as an Activity Aide. Stephanie Spruill and Ashanti Simpson are assisting the Nursing Department in many ways.

Every assignment is intended to heighten awareness in health and other careers.

In addition to real life work in our caring atmosphere the young people also spend an hour a day sharpening their academic and problem solving skills.

Periodically supervisors and students gather to assess job performance and satisfaction. It is expected that each young person will

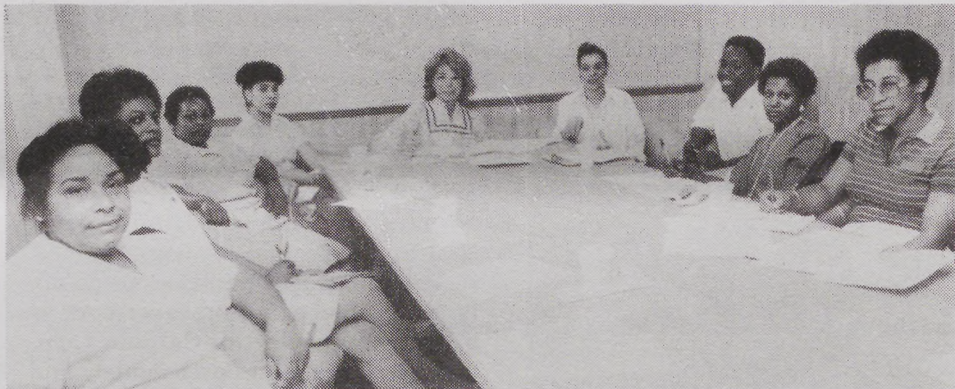


(L-R) Amanda Wilson, Lenore Allen, and Yvette Williams load up plates for patients' lunches.

## Employee Council At Extended Care Facility

The Employee Council of New Community Extended Care Facility was recently organized in direct response to an employee suggestion. Council members, one from each department, serve as a liaison between administration and employees. The pur-

department and each nursing unit. Current representatives include:  
Madeline Alexander...Houskeeping  
Maurice Alexander...Dietary  
Betty Busby...3rd Floor Nursing  
Delores Dandridge...2nd Floor Nursing



poses of the council which meets monthly with Ms. Ford are multi-faceted. They included a forum for input on

- Facility related items i.e. a logo is being recommended
- employee of the month
- facility needs i.e. the construction of a barbeque pit
- grievance hearings
- establishment of future benefit priorities
- other employee concerns

Council members represent every

Yvonne Grant...4th Floor Nursing  
Hilda Matos...Patient Activities  
Laverne Parish...Medical Day Care  
Idella Wilson...Administration Services

In any new operation there are always many growing pains. As a true team spirit develops, council persons play a dynamic role in helping to bridge any gaps and continue to make the Facility a model for the State and one of which our entire community can remain proud.

## Extended Care Facility Has Hidden Helpers

In addition to a talented, caring staff, dedicated volunteers and cheery candy strippers, New Community Extended Care has another special group unofficially called the Hidden Helpers. One such person is 83 year old Sister Alice Mary, S.C., who adjusts pretty night wear so that the more disabled can wear them with ease and still look attractive. Sewing for others is just one of this special Sister's talents. Another is New Yorker, Pat Lynch. "Miss" Pat Lynch, as she is affectionately called, has a circle of friends who collect coat hangers and other useful items. This has been the start of a clothing center where residents may come and choose a dress, shirt, etc.

It's the next best thing to Hanes! Joe and John are on the look-out for stackable chairs, and TV tables at local flea markets.

Sister Michelle Lukenda, S.C., is our calligrapher who makes the door signs for the rooms of our residents.

Would you like to help our residents, but can't come to the facility? Consider your talents and we'll match them with our need. If you're cleaning out an attic or cellar and have excess, contact us before you dispose of it. It's a challenge to recycle!! Drop a note to 266 So. Orange Avenue, Newark, N.J. 07103 or call Sister Mary Pauline at 624-2020.

## Extended Care Smorgasbord Provides Mealtime Enjoyment

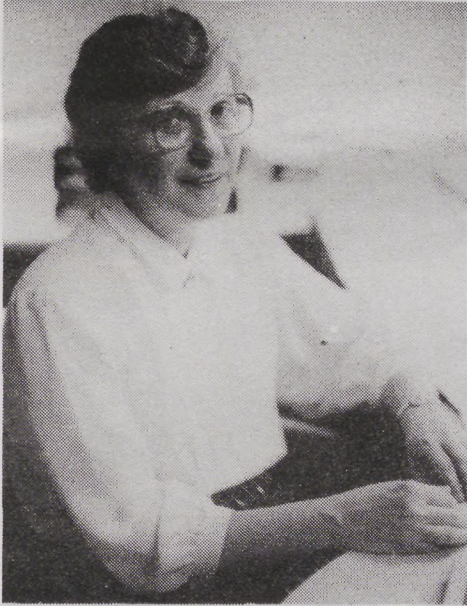




# Talented New Employees...

Continued from page 1

grew up in an atmosphere of strong learning discipline which prepared her well for higher education here in the United States. At age 21 she moved to Taiwan where she received her B.A. at the National Taiwan University majoring in Library Science with a minor in Accounting and Business Administration. She then traveled to the United States where she received



**Sr. Rita Calabrese, O.P.**

her Masters degree in Library Science at the State University of New York at Albany.

The influence of her father who was in banking and who was also an accounting professor won out eventually in her choice of careers, for the accounting profession remained a strong pull in her mind. After she met her husband in college, married and had a beautiful daughter, Amy Lynn (now 13) she decided to return to Rutgers University to prepare for the C.P.A. requirements and exam and **passed it on her first attempt!** (I'm just a good test-taker she says humbly.)

She has been practicing accounting for the past 14 years here in New Jersey.

She finds education and studying taken a lot more for granted in this country as she guides her daughter

into her teenage years. "You really have to start early to get into a top



**Amy T. Tafil**

school in an oriental country," she reminisced.

We're happy she is using her fine talents for N.C.C.

**Sister Catherine Moran, O.P.** of the Sparkhill Dominicans is the Assistant Director of Human Resources for New Community and will help with training necessary to keep the forward motion of a growing organization working smoothly. In the past 15 years NCC has mushroomed from a single employee to a multi-faceted Corporation employing over 350 people.

Sister Catherine called New Community "the best kept secret in New Jersey," and when she heard from a friend we had a need for her expertise she came to look us over. She liked what she saw and sent her resume.

Sister will use her administrative skills and 25 years of teaching to help with staff development and general needs. She is strong on philosophy and if she sees strengths, hopes to help a person run with them.

Sister hails from Brooklyn, New York and received her B.S. in Education from Fordham University and a M.A. in English from St. John's University, Queens, New York. Her Secondary School Administration

Certification was gained at Hofstra University, New York and Plattsburg State University.

Coming from a family with five sisters and one brother, Sister Catherine got an early start on handling group dynamics.

We are lucky to have her gifts available to NCC and look forward to working with her.

St. Rose School will reap the benefit of **Sister Dolores Russo, S.C.H.** as she works in the School Development Office with educational planning and gives assistance also to some other alternative schools with their planning. Sister Dolores, Brooklyn born, traveled to Halifax, Nova Scotia for a B.A. and B.Ed. from Mount Saint Vincent University and then to Boston College, Chestnut Hill, Massachusetts for a M.Ed. She went on to Fordham University for studies in administration and supervision.

After teaching for five years Sister decided to join the Sisters of Chestnut Hill and taught at schools



**Sr. Catherine Moran, O.P.**

in Canada, Nova Scotia, Boston, Roxbury, Brooklyn and Queens.

Her emphasis as an administrator has been on Future Planning and she has designed and facilitated programs for schools allowing them to move into a mode for the future which will help them prepare for their role

in it. Sister has also conducted Adult Enrichment Programs and helped found and activate a network of the Urban City Conference.

She is a member of the National Catholic Education Association, the World Future Society and the Catholic School Board Association. She was formerly Assistant Superintendent of Elementary Schools for the Archdiocese of Newark.

For 6 years Sister has been living



**Sr. Dolores Russo, S.C.H.**

in Newark and reiterated Sister Catherine's statement that New Community was "the best kept secret in New Jersey," for she too had not heard of us until recently. When she came to Newark she said she saw despair, but when she walked into St. Joseph Plaza on her tour of NCC she "saw hope here." Sister has already demonstrated her workshop skills by conducting an "Orientation" on the history, philosophies and goals of New Community for the NCC Board and Administrative Staff where presentations on "The Idea", "The Ideal" and "The Reality" brought our thoughts together and communicated them to one another during the session.

With such fine new people joining the New Community Network we can't help but have "New Hope" too!

## Ophthalmology Office In Operation



**Dr. Kirk Tchorbajian (above, with patient) and Dr. Benjamin Natale have opened an office in the medical suite of the Extended Care Facility. Appointments for their eye care services can be made by calling 624-6623.**

## DRIVE SAFELY

### A CHANGE OF PACE



ST. JOSEPH PLAZA  
THE SANDWICH SHOP  
233 W. Market Street  
Newark, N.J.



Relax in the quaint atmosphere of the *Atrium* in St. Joseph's Plaza. Enjoy a delicious buffet including chilled wine, beer and many of your other favorite drinks.

For your listening pleasure piano selections by Curtis Watkins accompanied by Emily Ross, vocalist.

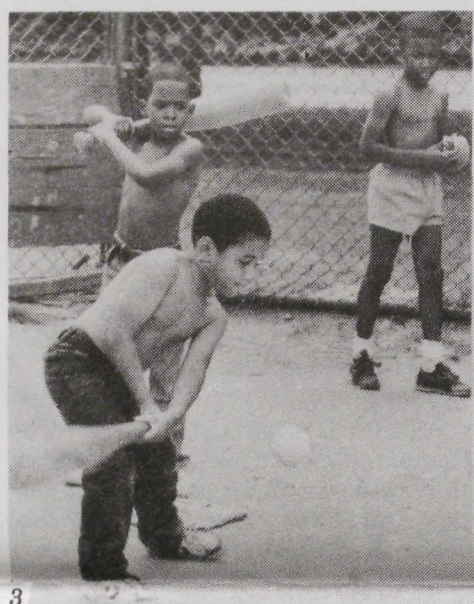
**FRIDAY NIGHT SPECIAL**  
From 5:00 P.M. until 11 P.M.

**SCRUMPTIOUS BUFFET**

Cash Bar



# Babyland Summer Program



We must be doing something right. The enrollment at Babyland's Summer Program has exceeded all expectations!

At this time we have 65 children participating in a variety of activities including hiking at Eagle Rock Reservation, swimming, tennis, and baseball. New to our physical fitness program this year is a twice weekly aerobics class at the New Beginnings Spa. The girls really enjoy the pleasant atmosphere while working out.

Summer is a time for fun and relaxation but the new school year is approaching fast; so we're trying to prepare our children to be at their best when September comes. All children have a reading period every day, when they can choose from a wide selection of books on loan to us

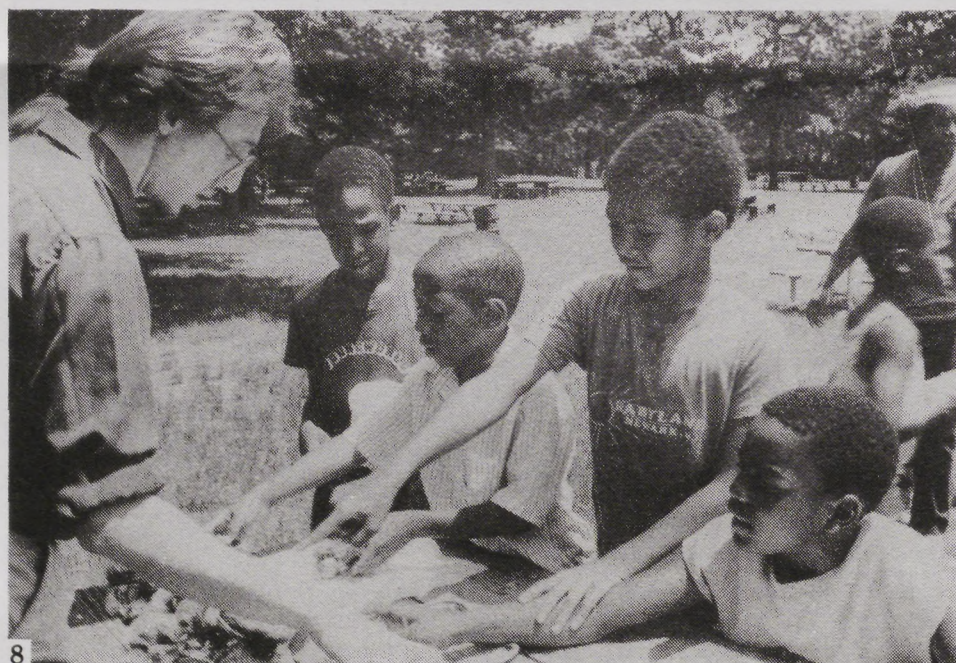
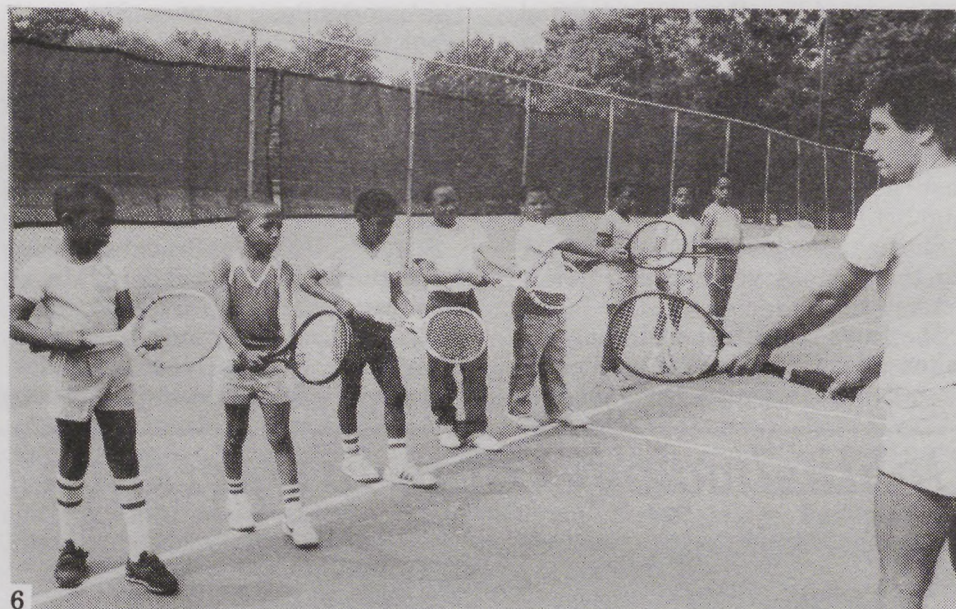
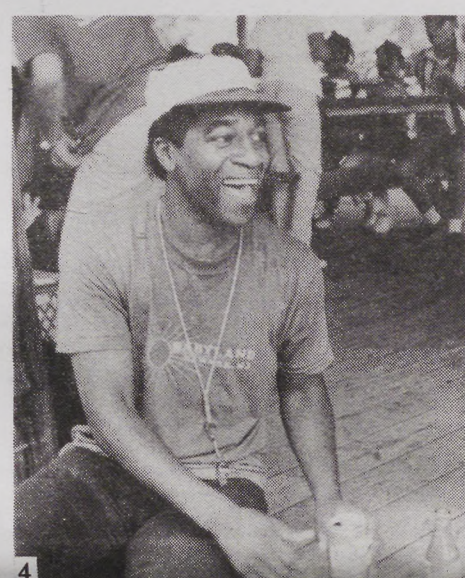
from the Newark Public Library.

The most popular place at camp is our computer room which is always busy with children playing Mathattack, Centipede or one of the many other games available. Some of the games reinforce math and reading skills, while others are just plain fun. We even have 5 year olds learning the alphabet from a computer!

If all this sounds fun and challenging, you're right; but it's only possible because of a hard working, dedicated staff consisting of Kathy Neal, Eddie Saunders, Sussie Howard, Cecilia Angulo, Ruth Kleiner, and James Herbert.

Enjoy the rest of the summer!

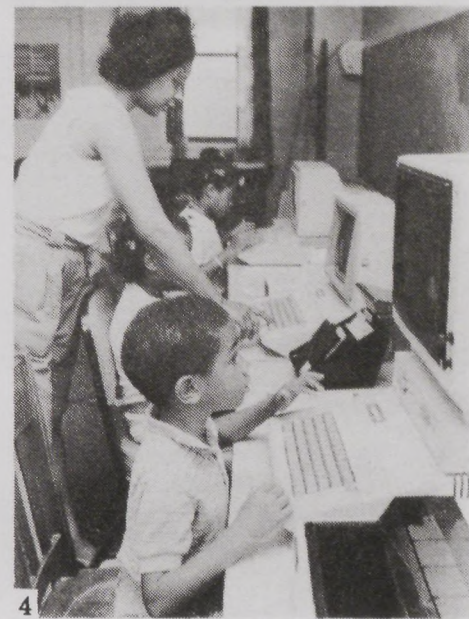
Dan Fabrizio  
Coordinator



1. Hard-working bus driver Susie Howard. 2. A period of relaxation after lunch. 3. Nearly a hit! 4. Even counselors have to eat; Eddy Saunders enjoys the respite. 5. Babyland goes to the Spa: a well-disciplined class in aerobics. 6. You've got to know how to hold the racquet to play the game. 7. Lunchtime is always a popular pastime. 8. Dan Fabrizio sees to it that everyone gets a fair share of fried chicken.



# Gets Kids Around...



1. A lively game of "Uno" with bus driver Susie Howard, just before lunch. 2. Comfort is where you find it. 3. Swimming lessons at the Orange YWCA. 4. Computer technology for the very young at St. Rose of Lima School under the guidance of Cassandra Richardson of the Youth Employment Program.

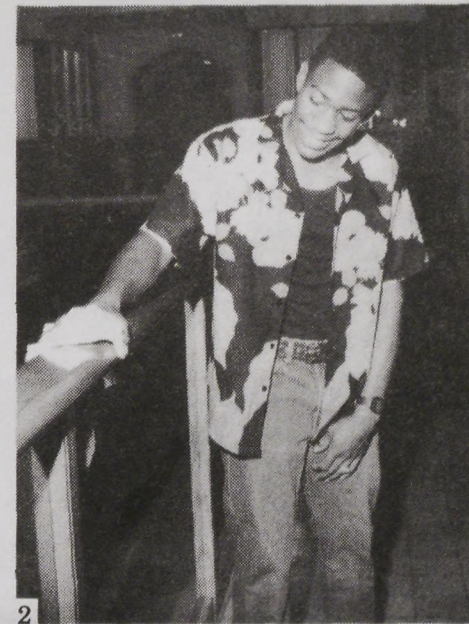
## Preparing Youth For The Future

On July 7, 1986, N.C.C. started its Summer Youth Employment Training Program, sponsored by the Mayor's Office of Employment and Training (M.O.E.T). Every year N.C.C. hosts youths between 14 and 18 years old, to work as maintenance aides, clerical aides, social service aides, and Babyland helpers. In these different areas our city's youth learn to have positive attitudes towards being responsible and dependable workers. The experience they gain at N.C.C. will help develop their skills and also, prepare them to discipline themselves for the future in order to obtain jobs in our work force.

During the next several weeks this training program will be going on throughout N.C.C. We hope all employees participating will show our youths how we work together as a family and maintain the high standard of professionalism that N.C.C. is known for.

Larry Brown

1. An impromptu conference is held with Valerie Jones (seated) of the Mayor's Office of Employment and Training. Involved in the discussion of the youth programs are (L-R) Larry Brown, May Harper, Glenda Williams, and Eladio Negron. 2. Rasheed Jones and 3. Curtis McLean enjoy maintenance work at St. Joseph's Plaza. 4. Secretary-receptionist Delinda Wade (L) helps out her student-assistant Detura Hawkins. 5. Haywood Harris (L) looks on as Randy Smith assists in cleanup.





# Security Corner

## Newark Council Praises Guards

West Ward Councilman Ronald Rice sponsored a resolution citing two NCC security officers: Earl Alhah and Tariq Rahim, along with two others: Wali Muslim a security officer with New Jersey Bell and Roger Elam an employee of the Newark Chad School. The resolution was presented during the Council meeting on July 9, 1986 and recognized and commended them for their service to the community which brought home graphically through slides, films and first hand knowledge of the problems, the serious nature of drug abuse.



S/O's Earl Alhah (L) and Tariq Rahim (R) display their framed resolution.

Through Board of Education sponsored workshops, the awardees were among the first to bring to the attention of the Board, the problems of drug abuse in and around the city schools.

Both officers Alhah and Rahim, at the request of James DuBose, director of security, plan to conduct similar workshops for NCC Youth. Faulks, Director of Human Resources.

NCC Security is proud of all of the awardees, especially officers Alhah and Rahim, whose daily activities exemplify their overall concern for the Newark community.

## Officer Sherrod Promoted

Congratulations are extended to Security Officer Patricia Sherrod on her recent appointment/promotion to Corporal/Staff Assistant.

Officer Sherrod was selected from a group of both male and female security officers who applied for the recent vacancy and who had topped the list in a competitive examination for the position conducted by Mrs. Cecelia

Sherrod, who until her promotion was a dispatcher, and prior to that, had worked numerous security details and assignments, brings a varied amount of work experience and knowledge with her to her new position.

Corporal Sherrod has demonstrated her dedication and loyalty on a number of occasions off as well as on duty and as a result, was the recipient of an award for "Honorable Service"



Patricia Sherrod gets a congratulatory handshake from Assistant Director of Security Otis Rhynes on news of her promotion to Corporal. Her daughters Keshea (L) and Latasha (R) watch proudly as their mother is honored.

presented to her at New Community's Second Annual Awards Ceremony held in May, of this year. She was just recently cited for her actions in June when she came to the aid of a resident, which earned her N.C.C. security's second highest award "The Meritorious Service Award" which will be presented to her at next year's ceremony.

## Security Youth Program Holds Disco

On Friday, July 18, 1986, members of the N.C.C. Security Youth Programs sponsored a "disco affair" in the St. Rose of Lima auditorium, 11 Gray Street, Newark. The night of disco dancing was held to raise money for the young peoples trip to

Washington, D.C., in mid-August.

The trip to the nation's capital is designed to provide an educational and recreational experience for members of the youth program. While in Washington, they will visit historical sites such as the home of Frederick Douglas, Arlington Cemetery and the Smithsonian Institute.

In attendance at the dance, were area youth, members of the Sentinels, a nonprofit benevolent association comprised of NCC security officers, and James DuBose, director of NCC Security. Sgt. William Cameron, president of the Sentinels, presented a \$50.00 donation on behalf of the Sentinels to the youth to help defray the expenses for the upcoming trip.



Scott Brown of NCC's Security Youth Program smilingly receives a donation from Sentinel officers Sgt. Holloway (center) and Sgt. Cameron.

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# Health Care Update

When an individual lacks a particular habit commonly associated with disease, it becomes relatively easy to judge and even to condemn another who has that habit. It is often said that the reformed smoker has no tolerance for one who still smokes. To change a habit which has direct physiologic effects on one's body is undoubtedly much more difficult than to develop a safety habit; thus the use of seat belts by adults (which in essence is habitual) is a relatively easy habit to initiate. We can see the results in the decline of motor vehicle accident deaths.

Success seems apparent. One can observe any number of cars and note that adults in the front seats are compliant with our laws. But, what about our children? A recent study by the National Transportation Safety Board has concluded that of 3,400 deaths of children under 5 yrs. old; 90% could have been prevented by the proper use of child safety seats.

Not only do the manufacturers of safety seats need to meet federal regulations, they must also supply upon purchase specific instructions for the seat use. Public information systems and loaner programs, such as the one at United Hospitals where a child leaving is loaned a safety car

seat if one is not available, have in many cases worked successfully with public agencies to increase child safety seat use. These efforts have been complemented by legislative support. Our law in New Jersey became effective April 7, 1983. It requires an approved child passenger restraint system to be used. Penalties are up to \$25.00. If the number of children in one family under 5 yrs. in a motor vehicle exceeds the number of seat belts, all children must be seated in the rear seat. While this law may be theoretically effective, how realistic is it and/or how enforceable is it?

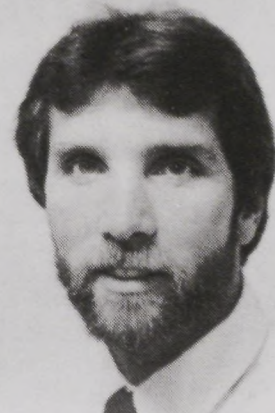
The National Transportation Safety Board also identified a problem in our state—and in some other states—of misuse of seats. New Jersey has therefore been asked to target its public education efforts at combating the **misuse** of child safety seats.

We adults have developed the habit of seat belt use. Let us remember to extend that protection to our innocent children whose lives rest in our hands. For nine out of ten children to live following an accident, the minor inconvenience of securing the child in the seat is certainly worth it. As we travel more in the summer months, make using seat belts your habit—and your child's habit as well.

Connie Ford, R.N., M.P.A.



at ST. JOSEPH PLAZA  
233 WEST MARKET ST.  
NEWARK, NEW JERSEY  
(201) 624-7373



by Kerry Gillespie,  
Exercise Physiologist

## Eat Now — Pay Later

A character in the 'Popeye' cartoon, Wimpy always said, "I will gladly pay you Tuesday for a hamburger today." That is one example of eat now, pay later, but the eat now, pay later that I want to talk about is a little different. The eat now, pay later that I want to talk about is when you eat something now and pay for it in unwanted fat later.

It has been said that 'you are what you eat.' We have been told that a balanced diet is important to good nutrition, but it is also good advice for people to be conscious of their body fat. Keep in mind that 3500 calories make-up one pound of fat, and that it is much easier to consume 3500 calories than it is to burn them off. So along with a balanced diet you must consider the amount of calories you eat between meals, which is where most people go wrong.

Obesity, which is the polite way of describing the state of being over-fat (notice I didn't say overweight—that is something different), is now seen as a hazard to your health. Obesity has been linked to high blood pressure, stroke, heart disease, diabetes and orthopedic problems. It's no longer just a cosmetic problem!

On the lighter side, Soupy Sales sums up the problem this way, "People who eat sweets—take up two seats!" Now almost everybody eats sweets at some point, but if you abuse food of any kind—fat is most likely going to be the result.

So what is the pay back going to cost you? Well, we know that each pound of fat has 3500 calories, but do

you realize that if you were to walk or jog a mile it would only burn approximately one hundred calories. Now we are talking about having to do almost thirty-five miles just to burn one pound of fat. At three miles an hour this would take you about eleven hours and forty minutes. On the other hand, sitting down at the table, it might only take you thirty minutes to eat 3500 calories.

What is the bottom line; what is the price you have to pay? Well by carrying more weight than you should you are at a far greater health risk. You must invest a great deal of time exercising in order to obtain and maintain your normal weight. There are also psychological problems that go along with being overfat, mainly due to pressure placed on the overfat person by the world of advertising, who wants everyone to be thin.

This information is all very important, but how can the problem of being over-fat be changed or avoided? First, you should always think before you eat! Ask a few key questions. Am I really hungry or am I bored? Does the food I have chosen have any nutritional value or is it junk food? And if I eat this food, how long will I have to exercise to burn it off?

In many cases if you take the time to think and if you answer the questions honestly, you will be much less likely to consume 'empty' calories that will go directly to your waist, hips, and thighs!

The choice, of course, is yours to make, But in this case, make no mistake.

The choices that you tell your waiter, Means that you'll eat now—and pay later!  
Kerry Gillespie

## The 'Doctor Is In' Series

### A Real Eye Opener

"The Doctor Is In" lecture series program for July was presented by Herbert Glatt, M.D., an Ophthalmologist. Dr. Glatt spoke about Cataracts and Eye Care, Tuesday night July 22, in the Conference Center at St. Joseph's Plaza.

The audience was treated to an excellent presentation on cataracts and the overall care of the eye. Dr. Glatt cleared up some of the myths and misconceptions about this little understood eye problem, that causes the lens of the eye to become cloudy.



Dr. Herbert Glatt

We are encouraged by the support of the public and we hope that the programs will continue to get your support. If you enjoyed the presentations please be sure to bring a friend or two next month. See you then!

### The Incredible Human Machine

In August "The Doctor Is In" Series will have a special presentation of National Geographic's **The Incredible Human Machine**. This award winning program will be presented in its entirety (60 minutes) on August 21, 1986, at 12 noon and again at 7 pm. The program will be held in the conference center at St. Joseph's Plaza, 233 West Market Street, Newark.

This program introduces you to the incredible machine we call the human body. With the skillful use of micro-photography, the camera will take you inside the body to explain how our body functions and why it is the world's most incredible machine.

We're  
Dedicated to The  
**Good Health**  
of our Community

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NCC Health Care Center  
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## A Caring Lady Retires

Magnolia Brown finished her last working day in the kitchen at NC Associates, in the midst of peals of applause, special guests and gifts. Everyone knows that it was because of physical reasons that Magnolia had

Magnolia claims an unusual genealogy as well. Magnolia's mother, who lives at 180, is 95 years of age. She has one son, ten grandchildren, twenty-seven great-grandchildren and fifteen great-



St. Veronica presents a beaming Magnolia Brown with a special plaque in recognition of her service.

to step down at the age of 76 but she will always be remembered for her spirit of generosity and caring. Mrs. Brown was able to give and not to count the cost; nothing was ever too much for her to do for others. All she had to do was overhear that someone needed a cake baked or had a similar need and she did it before you could say, "Martin Luther King." She was an example of giving to the highest degree.

Besides these rare qualities,

great-grandchildren.

In her spare time Magnolia entered a contest by submitting one of her own recipes to the Essex County Division on Aging. She was one of the runners-up and received a certificate of recognition.

New Community presented Magnolia Brown with a plaque in gratitude for all the good she has done. Her spirit of generosity and caring will live on in the hearts of all.

Sister Veronica

## Newark Museum

Lending a lift to the hot August days will be several performances at the Newark Museum's live children's theatre.

August 6th features "Damsels and Witches and Kings and Things" presented by the Ragamuffin Children's Theatre Company. The comedy skit is a musical adaptation of the Brothers Grimm classic fairy tales.

August 13th will find the Peanut Butter Theatre presenting "Stormy

Weather," a program that includes pop and classical music, poetry, jokes and skits.

August 20th will complete the offerings and feature "Poho the Clown and his Circus Show" as the grand finale.

The Newark Museum is located at 48 Washington Street. Convenient parking is located nearby. Information concerning the series or other programs can be obtained by calling 733-6600.

## Senior Power From Miami Beach to Newark

Ruby Dawson and Viola Walker of NC Commons, attended the 1986 Constitutional Convention and 25th Anniversary Celebration of the National Council of Senior Citizens, at Miami Beach in July. The convention covered many interesting topics for our seniors such as Budget, Health, Income & Social Security, Housing and Community Services.

Of all of the wonderful speakers the favorite remains The Honorable Claude Pepper, U.S. Representative who was capable of getting young and old to their feet, and had all shouting "Senior Power, Senior Power," making us feel good about ourselves and the power we do have as Seniors. Age is a state of mind!



Viola Walker (L) and Ruby Dawson (R) look over some of the literature they collected on their trip to Miami Beach.

## Community Health Care In Action



When an outbreak of herpes simplex in the community was brought to the attention of Ivor Carlisle, R.N., of the NCC Health Care Center, she contacted Dr. Rosalyn Ryals, pediatric director. Dr. Ryals (above right) arranged to meet with parents and explain to them the cause, treatment, and preventive measures for herpes simplex. Both Nurse Carlisle and Dr. Ryals are on the staff of United Hospitals Medical Center which is affiliated with the NCC Health Care Center.

## Summer Fun Programs At Newark Public Library

The Newark Public Library has scheduled a diverse and extensive array of children's activities at its Main Library downtown and at each neighborhood facility in every ward of the City beginning June 30 and ending in September.

"Each facility will offer something different in the morning and afternoon," said Maria Braga, Chief of Community Library Services, "and we are pleased to expand this service to our storefront and Community Libraries." The Newark Public Library system, the largest public library in the State, has 8 branches, 2 storefronts and 1 community library located in Mt. Vernon Place School. The Main Library is located at 5 Washington Street in downtown Newark.

The schedules for the Main Library and the Springfield Branch follow:

**Main Library, 5 Washington Street — Junior Room**

**Morning Hours (10:30-11:30 am)**

Monday: Indoor Games & Puzzles  
Tuesday: Arts & Crafts  
Wednesday: Story Hour & Filmstrips  
Thursday: Silly Contests  
Friday: Bingo

**Afternoon Hours (2-3 pm)**

Monday: Fantastic Movies  
Tuesday: Surprise Hour  
Wednesday: Indoor Games

Thursday: Arts & Crafts

Friday: Films

**Summer Reading Club Begins June 23**

**Springfield Branch, Children's Room, 50 Hayes Street**

**Morning Hours (10:30 am)**

Monday: Quiet Games  
Tuesday: Filmstrips  
Wednesday: Arts & Crafts  
Thursday: Movies  
Friday: Contests

**Afternoon Hours (2:00 pm)**

Monday: Puzzles, Storyhour  
Tuesday: Coloring, Drawing  
Wednesday: Outdoor Games  
Thursday: Movies  
Friday: Bingo Hour

**Summer Reading Club Begins June 23**

All programs are offered free of charge to the public on a first come basis. Parents must pick-up children after scheduled activities. Children are encouraged to bring their library cards and check-out material. The library has an extensive collection of books, magazines and periodicals for children and librarians are always available to help find specific books or to lend advice.

For more information, call your nearest branch or call the main library at (201) 733-7800.

233 W. Market Street

at

Newark, N.J. 07103



Join us for a relaxing musical interlude with  
"Thursday Night Showcase"

Featuring N.C.C.E.

a New Community Creative Ensemble

in the atrium beginning at 6:30 p.m.

Buffet until 11:00 p.m.

Cash Bar





An active kickball game gets underway on the front lawn of 72 Hayes Street as part of the building's summer program.

## Act Now On Medicaid And Medicare

### Medicaid

The Senate Finance Committee will soon be considering S. 2492, a bill to expand Medicaid coverage to all seniors and disabled people with incomes below the poverty level. This bill could help millions of poor seniors around the country. We need your help.

Here are the key points:

- Almost two-thirds of the elderly living below the poverty line do not get Medicaid coverage.

- Medicaid will pay all Medicare deductibles and premiums for seniors who are eligible for Medicaid.

- Providing Medicaid coverage to low-income elderly assures better health care protection for this disadvantaged group of Americans.

### Medicare

On January 1, 1987, the Part A Medicare deductible will increase by \$80 to \$572. This is a 16 percent increase on top of a 23 percent increase in 1985! We must stop this effort to raise your health care costs.

Fill in your postcard and write that you oppose any increase in the Part

A deductible.

Here are some arguments:

- Hospital costs are going down — the Federal government will save \$60 billion over the next five years. Yet your costs will go up 16 percent. **This is unfair.**

Raising the Part A deductible penalizes you only if you have to go into the hospital — sort of a sick tax! **This is unfair.**

- Hospital profits in many areas are skyrocketing and you are paying the price. **This is unfair.**

When you write your postcard message, use the points noted above to urge your Senator to:

- 1) **Support S. 2492 which would extend Medicaid to all seniors and disabled people below the poverty line; and**

- 2) **Roll back next year's Medicare Part A Deductible to an amount no higher than \$520.**

Send to:

Senator Bill Bradley

c/o Ken Apfel

United States Senate

Washington, D.C. 20510

## Tickling The Ivories At St. Joseph Plaza

The easy sound of a piano greets visitors to St. Joseph Plaza during lunchtime each weekday but Thursday, and during Sunday Brunch.



Warren B. Alston

Playing on these occasions is Warren B. Alston a young man long familiar with Newark and with an impressive musical background to his credit.

Warren is a graduate of the Brooklyn Boys Chorus and Barringer High School, Newark. He attended Berklee College of Music in Boston, Massachusetts before moving to Los Angeles in 1981. Mr. Alston worked for the Lynwood Unified School District there.

He pursued his talents as a musician all over California in such places as Hollywood, Pasadena, San Francisco, Los Angeles, and Century City before returning to the East Coast just a short time ago.

Mr. Alston will be performing every Thursday with the New Community Creative Ensemble (NCCCE) at 6:30 p.m. in the atrium of St. Joseph Plaza at 233 West Market Street.

We hope you will join him for a relaxing musical interlude to your day.

### Success

If you have tried to do something and failed, you are vastly better off than if you had tried to do nothing and succeeded.

## Market Square Lively



Market Square merchant Arlene Etgen from Sunny Acres Farm in Cream Ridge, N.J. sells her fresh wares to some lab workers from United Hospitals. The market is in operation on Thursdays from 11 a.m. to 4 p.m. in the parking lot of Bethany Baptist Church, 275 W. Market Street.

## New Community Commons

The Gospel Chorus did a wonderful deed on June 20, 1986. They put their time and effort into home cooked dinners for the Seniors free of charge and had a small program also.

The Oldies, but Goodies had another wonderful barbecue. You don't know what you're missing if you're not a member.

"140" Club's birthday party for those who had birthdays from January to June was a success. The turkey dinners with all the trimmings were delicious.

I know everyone is glad that the "Men's Club" has begun serving breakfast once again. Oh how you were missed!

Connie Wise

## New Community Gardens

A Birthday celebration was the high spot of our month. It was party time for all who have had a birthday during the month of May, June, July and August. Our tables were set with beautiful colored tablecloths, food was beyond compare and great music by our favorite D.J. made the day complete. We enjoyed ourselves into the wee hours of the morning.

A special remembrance prayer card was given to all who attended. The pray is so beautiful I thought I would share it with you.

**I said a prayer for you today**

I said a prayer for you today  
And know God must have heard-  
I felt the answer in my heart  
Although he spoke no word!  
I didn't ask for wealth or fame  
(I knew you wouldn't mind)-  
I asked Him to send treasures  
Of a far more lasting kind!  
I asked that He'd be near you  
At the start of each new day  
To grant you health and blessings  
And friends to share you way!  
I asked for happiness for you  
In all things great and small-  
But it was for His loving care  
I prayed the most of all!

Mrs. Edna Davis

## Garden Thriving



Bertha Brown, president of the Garden Club, shows off some young tomatoes growing amidst a healthy crop of peppers, squash, zucchini, beans, cucumbers, onions, and potatoes.

**Elizabeth F. Dougherty  
D.M.D.**

Dentistry for Adults and Children  
at

New Community  
Extended Care Facility  
266 S. Orange Avenue  
Newark, N.J.

242-5737

Office Hours:

Monday 9 a.m. - 6 p.m.

Tuesday 9 a.m. - 6 p.m.

Thursday 1 p.m. - 6 p.m.

Friday 9 a.m. - 6 p.m.

Saturday 9 a.m. - 1 p.m.



# New Community Summer Youth Program



(Top) A large audience of very young people watches a performance of "The Doll and the Old Man" in Newark Library's garden. (Bottom) Cooling off on a muggy day at the JFK Center's enormous swimming pool under the watchful eye of a lifeguard.

## St. Rose Of Lima Centennial Coming

ARE YOU A ST. ROSE GRADUATE? WERE YOU A ST. ROSE PARISHIONER?

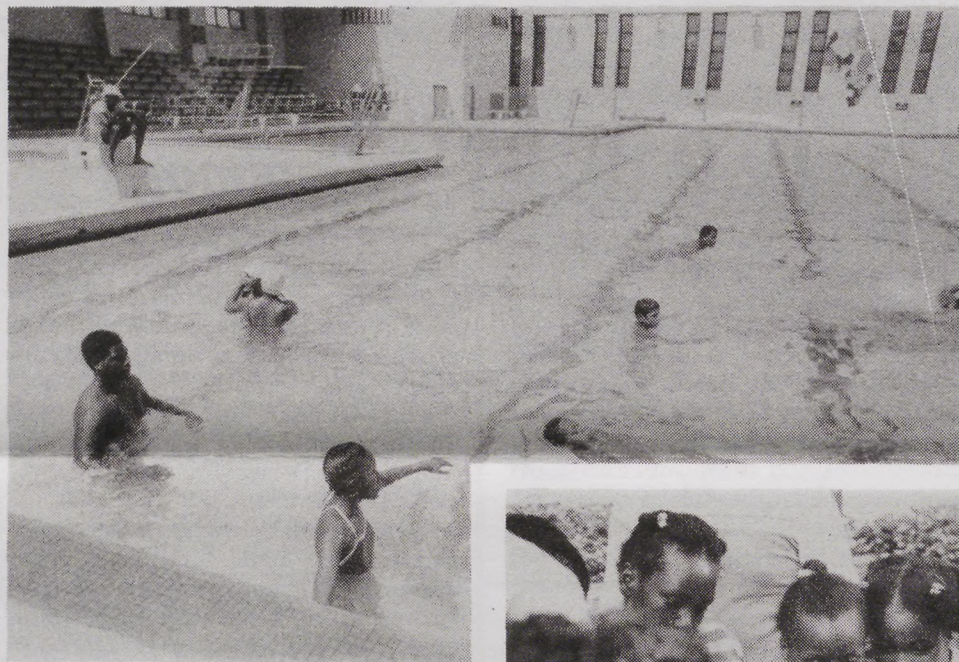
St. Rose of Lima Parish in Newark is looking for all its graduates and former parishioners to help celebrate its centennial next year.

If you fall into either of these categories please call Sister Dolores Russo at 482-0682 or drop her a note at St. Rose, 11 Gray Street, Newark, N.J. 07107.

Please tell anyone you know who was a former student or parishioner about the celebration, and have them contact us too.

The more people who join in, the better the celebration will be.

GET IN TOUCH! COME BACK TO ST. ROSE!



Our Summer Youth Program is in full swing. July 9th marked the beginning of the summer for about 100 NCC children.

Our Summer Youth Program will be providing both recreational and educational activities everyday until August 29th to NCC Youth 5-13 years of age, with a variety of activities such as swimming lessons at J.F.K. Recreation Center.

The Essex County Parks Commission also has a number of activities that we will be taking part in. Fishing has become one of the most exciting outings for our children. All fishing equipment will be provided; the children will be taught how to bait a hook, throw a line and catch that big one! Through the Department of Recreation and Parks tennis lessons will be added to an already experience-filled summer. Children

will be taught basics of how to play tennis such as what is a forehand, backhand and volley. Another important and educational experience is our trips to the Newark Museum. At the Museum the children are exposed to the wonders of outer space, historical information, demonstrations, and children's theatre.

In addition, we have trips to various lakes and parks located both in New Jersey and New York areas. The lake trips are very big with our children because they give them a chance to cut loose and put to use some of the techniques they have learned in those swimming lessons and also offer a chance to get away from the city environment.

All of our sites are monitored and supervised by both NCC residents and Youth Coordinators. The program will also provide a work experience for almost 30 NCC teenage residents who comprise one of the most vital and necessary components of the program — our teenage staff, provided by the City of Newark's Summer Youth Employment Training Program. Our teens not only receive work experiences but educational training as well. Going along with the Governor's request will be providing them with C.P.R. work shops, Drug and Alcohol Seminars, and educational trips to various parts of the city government and other city agencies. All in all it should be a wonderful summer for everyone, kids and staff.



Working with a loom under the supervision of an instructor is an exciting creative experience.



## Where Shall We Go To Eat???

Good Food At Great Prices

At

### THE CAFETERIA

At

NEW COMMUNITY EXTENDED CARE FACILITY

266 SO. ORANGE AVENUE, NEWARK

## DO YOU KNOW THAT...

- We are open from 6:30 a.m. to 8:00 p.m. for your convenience.
- Our BREAKFAST SPECIAL AT \$2.50 consists of eggs, grits, bacon, beef sausages, toast, tea or coffee!
- Lunch and dinner features items such as HOMEMADE biscuits, beef stew and fried chicken, FRESH fruits, and salads. Dessert, soda, ice cream sundaes and soft yogurt can refresh you.
- Take out items can be prepared.
- Party arrangements can be handled.



TRY US—YOU'LL BE GLAD YOU DID!

Open 6:30 a.m. to 8:00 p.m.

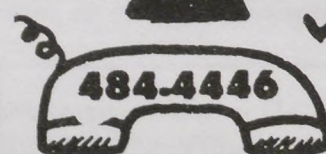
BREAKFAST LUNCH DINNER

## NOW, THERE IS HELP

THE ESSEX COUNTY FAMILY VIOLENCE CENTER



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REFERRALS BY TRAINED STAFF  
FOR  
BATTERED WOMEN  
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